

Words from Our Pastor

Proclaiming a Fast!

Ezra 8: ²¹ Then I proclaimed a fast there at the river of Ahava, that we might humble ourselves before our God, to seek from Him the right way for us and our little ones and all our possessions..... ²³ So we fasted and entreated our God for this, and He answered our prayer.

There are times when we must give up our comfort pleasures and seek the Lord. We do this so that we can draw closer to God, to break through a habit, to pray for someone in our lives and many more reasons.

As a body, it is imperative that we should go before God as one body. So from March 1-21, let us fast and pray. As I mentioned a couple of weeks ago, you choose the duration and the type of fast that you can handle and what you need. However, please consider joining us during this period giving up something and exchanging that time for time with God (in prayer, meditation, scripture reading, listening to gospel music, listening to sermons or reading something related to the scriptures).

We will celebrate and share our testimonies on Palm Sunday morning for a breakfast gathering on Sunday March 25, 2018.

Attached you will find my PowerPoint slides that I shared two weeks ago during service. You will also find a 21 day fast guide that gives you some good insight and recipes. [Click here to download the powerpoint.](#)

[Click here to download the 21 Day Fasting Prayer Guide.](#)

It is my prayer that as you fast that you will experience God in a new way. May your

eyes of understanding open wider and wider as you seek God with your whole mind, body and soul.

If you have any questions, or need any information, please feel free to connect with me.

Your Pastor,

Rev. Deborah A. Johns

Saturday, March 3rd – Corporate Prayer @ 9:00 a.m. / Ministerial Team Meeting at 10:00 a.m.

Tuesday, March 6th – Trustee/Steward Board Meeting @ 6:30 p.m.

Wednesday, March 21st - Food Pantry Distribution 8:30 a.m. to 11:30 a.m.

Saturday, March 24th – 3rd Check Up Meeting in Fort Worth, Texas

Friday, March 30th – Good Friday

Sunday, April 1st - Resurrection Sunday

Continue to keep the Walls Chapel AME Zion Family,
our community, and each other lifted in prayer.
We thank you all for everything that you do.
